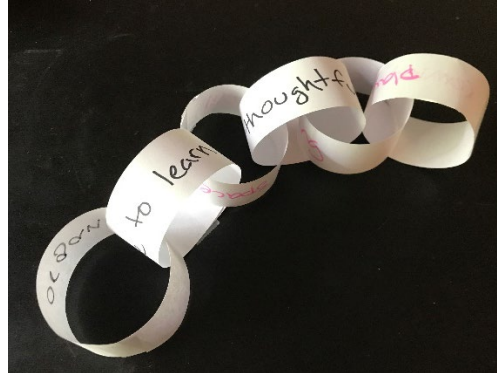


LINK YOUR COMMUNITY TALENTS

Discover and celebrate all the talents that you, your family, and the rest of your community have! Your community is all the people, living and non-living things that support you.

GATHER THESE SUPPLIES

- Blank paper
- Something to write with (like a pencil, pen, or marker)
- Scissors
- Tape or glue



MAKE YOUR TALENT LINKS

1. Cut the paper into strips, about 1 to 2 inches wide.
2. On three strips of paper, write down your name and three of your strengths and talents. What do you like to do? What are you good at? What do you think is fun or helpful?
3. Loop one of your strips around to make a circle and tape or glue it together.
4. Loop another strip through that circle and then tape or glue it together. Attach your third strip the same way. You have started to link your talents.
5. When they're available, ask each other member of your family to tell you three of their strengths and interests. Write their name and each strength or interest on a strip of paper. Link the paper with their talents to your own strengths and interests.
6. Think about the other members of your community where you live. Are there people, pets, plants, or places that support you?
 - If you can, ask them to tell you three of their strengths and interests, and link them to your group.
 - If you can't ask them, like if it's a plant or animal, think about how they support you and what you know about them. Write those strengths and interests on paper strips and link them to your group.



KEEP DISCOVERING

Hang up your linked talents so that everyone can see it. Check on it every day.

What was it like to hear your family members share the things they are proud of? Did you learn about strengths and interests you didn't know about before?

What was it like to tell your family members about the things you're proud of? Did you share different strengths and interests than they might have guessed for you?

Add to your linked community talents when you meet or think of a new community member who supports you.

Communities are made up of diverse individuals who each bring their strengths to the common space, and make it better for everyone.

