

## **FAMILY DISCUSSION GUIDE: WEDNESDAY**

All of the activities that are a part of Our Connected Communities provide ways to consider the ways people, plants, animals, and other members of our community depend on each other, as well as different ways to support all kinds of healthy communities. We are providing this discussion guide for adults to help inspire conversations with your children and connect the activities to the weekly theme.

### **Today's activities included:**

- Return to Your Sit Spot: IseeChange Community Science Project
- Camouflage: Animal Masks

### **Questions to prompt discussion:**

- How was your sit spot different than yesterday?
- What weather did you observe from your sit spot?
- How can your observations be used by professional scientists through the I See Change project?
- How did you explore camouflage?

### **Additional activity:**

Watch a read-aloud of the book *Say Something* by Peter Reynolds:

<https://www.youtube.com/watch?v=lxKewUo2J8Y>

This book teaches students about different ways that people can use their voices to “say something” when they notice injustice in their communities.

### **Questions to prompt discussion after listening to *Say Something*:**

- How do you feel after hearing this book?
- What were some of the ways people used their voices?
- How might you use your voice if you notice something is wrong? What might that look like at school? At home? In class?
- Are there any changes you would like to see in your community?
- Who would you “Say Something” to if they want to see a change in the community?
- How would you say something?
- Why is it important for different voices to be heard?
- How could you communicate an idea with a garden?