All of the activities that are a part of Our Connected Communities provide ways to consider the ways people, plants, animals, and other members of our community depend on each other, as well as different ways to support all kinds of healthy communities. We are providing this discussion guide for adults to help inspire conversations with your children and connect the activities to the weekly theme.

Today's activities included:
- Return to Your Sit Spot: Painting with Water
- Create a Creature

Questions to prompt discussion:
- How was your sit spot different than yesterday?
- Tell me about the creature you created.
- What is something you discovered while you were painting with water?