

RETURN TO YOUR SIT SPOT: I SEE CHANGE

Some scientists collect data just like you do when you visit your sit spot and make observations. People use research to learn many different things, and it can provide useful information to communities. Sometimes researchers need community members to help them do their research.

This is a chance for you to record your observations **and** help researchers!

VISIT YOUR SIT SPOT

1. Start by spending 5 minutes making observations from your sit spot. Has anything changed since your last visit?
2. After 5 minutes, use your nature journal to write or draw what you remember observing.

GATHER THESE MATERIALS

- A digital camera
- A device with internet access or the ISeeChange app

A smart phone is both of these in one.

COLLECT YOUR DATA

ISeeChange

ISeeChange is a community science project. Community science is when many people come together to help scientists do research. ISeeChange is a research project exploring how weather and climate change affect our communities.

One way ISeeChange is doing this research is by people taking pictures at their home throughout the year. You can use your sit spot to support this community research!

The ISeeChange app is available for free on the Google Play Store or the Apple App Store.

1. From your sit spot, take 4 photos in different directions: in front of you, to your left, behind you, and to your right. Take a photo of what's in front of you, then turn to your left. Take a photo of what's in front of you now. Keep turning and taking photos until you have photos of all 4 sides.
2. Open the ISeeChange app or log in to the ISeeChange website and submit your photos to the "Landscapes, Fields, Backyards" Investigation. *Step by step directions are on the next page.*
3. Every time you return to your sit spot, take 4 photos in the same directions and submit them to through ISeeChange.
4. Then, look at photos you took on earlier visits. What is different? Are there new plants or animals? Has the landscape changed shape? Have the plants grown or lost parts?

HOW TO SUBMIT YOUR DATA

IF YOU'RE USING THE APP

1. Click the "+" on the top right of the screen
2. Click on the camera icon and select Camera roll
3. Select the 4 photos you just took in your sit spot
4. Click Investigation
5. Select "Landscapes, Fields, Backyards"
6. Click Done
7. Click Submit

IF YOU'RE USING THE WEBSITE

1. Click "+ POST" on the top right of the screen
2. Click on "Add photos"
3. Select the 4 photos you just took in your sit spot
4. Click on "Pick date" and click on the date you took your photos
5. Click on "Pick time" and enter the time you took your photos. It's ok to estimate!
6. Click on "Enter an address" and type in the place where you took your photos. It's ok to just say "Durham, NC"
7. Click "Select an investigation" and select "Landscapes, Fields, Backyards"
8. Click Post

How can we show respect when we take our ISeeChange photos?

We can take clear photos so they can be easily used by the other researchers.
We can ask people who might be in our photos if it's ok before we take them.

Can you think of other ways to show respect?