

FAMILY DISCUSSION GUIDE: MONDAY

All of the activities that are a part of Our Connected Communities provide ways to consider the ways people, plants, animals, and other members of our community depend on each other, as well as different ways to support all kinds of healthy communities. We are providing this discussion guide for adults to help inspire conversations with your children and connect the activities to the weekly theme.

Today's activities included:

- Find Your Own Sit Spot
- Link Your Community Talents

Questions to prompt discussion:

- What was it like choosing and then spending time sitting in your spot?
- What is the community in your sit spot?
- What does community mean to you?
- How does everyone contribute to their community?
- What talents or skills did you write down for your talent links?
- Did you learn about any talents or skills in your family that surprised you?
- Discuss what community looks like at home, at school, in Durham, and beyond!